



Construction Crew/ Kid Builders!

Where worship and fun collide!

525 Garden Dr., Marysville, OH, 43040

Wow! I Could of Had a Communion!

--or--

Communion: The Breakfast of Champions!

Memory Verse: “I am the bread of life...” **John 6:35**

Lesson Overview: In this lesson, students will learn the importance and the significance of communion. Many first through fifth graders may be saved, and many may participate in communion. It is so very important that children learn exactly what communion is all about. They need to know the seriousness of participating in communion. Participating in communion without repentance, and without having a sincere, clean heart before taking part in it brings condemnation. They must also learn to respect this privilege that our Savior has given to us. This lesson is designed to accomplish all these things by teaching and demonstrating communion to them.

Requirements for the lesson:

1. Cut up fruit pieces, and some grapes.
2. Paper or plastic plates.
3. Elements for communion. (Try to use bread that is traditional)
4. A fancy platter or tray for the food.
5. Folding Tables
6. A “Reserved Seat” sign. (Use 1Cor 11:23)

Object Lessons and lead-in to the Lesson:

“Communion—What Else!” Students will not only get to participate in a communion service, but they will actually get to participate in the Last Supper! Organize folding tables flat on the floor with the legs retracted. Mark a “Reserved seat” for Jesus at the head of the table.

This object lesson has two parts: one part starting at the beginning of the lesson, and the second part finishing up the lesson. The beginning segment is the introduction to the lesson. Serve fruit, bread pieces, and **white grape juice** (you’ll find this of particular value once the spills begin). Pray over the food, and allow the children to eat everything except the elements to be used in communion. You may want to set these things at the “reserved” seat for Jesus until you are ready for them. Teach the lesson and allow the children to enjoy the fruit.

The ending segment will actually be the communion service. Perform the communion at the appropriate point in the lesson. Be sure that only those children who are saved and fully understand communion participate in it. The reason for the other fruit, etc. is so that those children who will not be participating in the communion will not feel left out.

The Lesson:

1. Introduction

You may want to begin with a dialog something like this:

“You may wonder what this is all about today. Have a seat at the table and I will explain it all to you. Just don’t take the reserved seat of our special guest.”

“Welcome to the Last Supper. Our table is set up the way the Israelites set up their tables. They were short to the floor, and guests usually just sat in front of the table. So lets get a little something to eat, and we’ll begin to talk about the Last Supper. We can eat anything except the bread and our drink: that’s for later.”

Perhaps a student would like to pray over the food.

BEGIN THE OBJECT
LESSON:

“Communion”

2. What is Communion?

QUESTION: Can someone in the class explain what communion is?

Communion is something very special to God. Communion is what He wants to do with His people. This is a big, fancy word for “wanting to be with someone because you love them very much”. God our wonderful Father in heaven made boys and girls, and men and women just so He would have someone to love Him and spend time with Him. Today we also know communion as something we do at church. We eat a little piece of bread and drink a little cup of juice, and call this “communion”. There is a wonderful story behind why we do this communion in church, along with what it is all about. But first there is a question.

QUESTION: Who was the one who started doing communion for the first time. (Jesus, of course)

Read: Matthew 26:26-28. (Perhaps one of the children would like to read this to the class)

a. God's covenant promise

What Jesus did with the disciples was start the very first communion service. We also call this the Last Supper, because it was the last supper Jesus would eat before He was crucified on the cross. We do communion partly to remember God's promise to us--that we will always have eternal life because we have Jesus in our heart. Jesus died on the cross so that we would not have to die for our sins, but instead be forgiven. The juice we drink and the bread we eat are what we call "symbols" that remind us about the great thing Jesus did for us. Jesus died on a cross in our place so we would not have to die. Communion reminds us of what we call a covenant of God.

QUESTION: Who can tell us what a covenant is?

That's just another fancy word to say "God's promise to us". He promised us life forever because we believe in Jesus and keep His commands.

b. Keeping Our Part Of The Promise

We also do communion to show that we are willing to "agree" with God and be a part of His promise. God sent his one and only Son to die on the cross for our sins. His promise to us is that if we put Jesus in our hearts and believe in Him and what He did for us, that we will go to heaven. When we do communion, God reminds us of what Jesus did, and His promise to us. We are also saying that we remember God's wonderful promise to us too.

3. What Does Communion Stand For?

God's church has lots of things we call "symbols". Symbols are things that have a special meaning to them.

QUESTION: Can you think of some?

The cross Jesus died on is a symbol. When we see it, we think of how He died for our sins. Communion has two very important symbols.

a. The Drink

READ: Matthew 26:28. *“This is my blood of the new covenant, which is poured out for many for the forgiveness of sins.”*

QUESTION: What we drink is a symbol. What does this scripture say that the drink stands for? (The blood Jesus shed).

QUESTION: What does the blood of Jesus do? Or, why is it so important? (The forgiveness of our sins)

In the Old Testament days before Jesus’ birth, the priests had to sacrifice cows, goats, lambs, and birds for the sins of the people. Nothing was ever good enough to take away the sins of all the people forever. That’s why God sent His only Son as a sacrifice so that the sins of all people could be forgiven once and for all.

b. The Bread

Beside the drink, there is still one other symbol that is part of communion.

READ: Luke 22:19. *And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.”*

QUESTION: What is the other symbol in this verse? (The bread)

QUESTION: What does this bread stand for? (His body)

Jesus paid a very big price when He died for us. He gave His life in a very horrible way. The people beat Jesus badly even before they put Jesus on the cross. We eat the bread to remind us of the terrible suffering Jesus went through. He did it just so that we could all have eternal life. The good news is that He did just what His Father (God) wanted Him to do, and that Jesus loves you so very much. That’s why He went through so much—He loves you.

4. Communion Is Special

As we can see, communion is very special.

QUESTION: Who did Jesus share communion with for the very first time? (His disciples)

The communion was so special that Jesus only shared it with His very closest friends. Now He wants to share it with all of His friends—us. Actually, Jesus says we are more than just His friends. We are like brothers and sisters to Him—if we have Him in our heart. It's important to remember how special communion is to Jesus. He is very protective of it.

QUESTION: Who can take communion—anybody? (Only those who have Jesus in their heart and are serious about serving the Lord)

QUESTION: Why do you think that is? Why not everybody?

Because if we do not have Jesus in our heart, then we won't understand what communion is all about. If someone who is not saved takes communion, it's like just eating and drinking something—it's not special to them. To Christians, it should be something much more than that.

a. Get A Checkup!

READ: 1 Corinthians 11:28. *A man ought to examine himself before he eats of the bread and drinks of the cup.*

QUESTION: What do you think this verse means?

What does the doctor do when you go to his office for a checkup? (He examines you)

We need to do the same thing before we do communion. We need to take a good look at our heart to see how it's doing. We don't want any sin in there when we take communion.

b. Taking Communion Properly

Do it with a new heart. We should be changed (1Cor 5:6-8). One of the most important things we should do before we take communion is get all of the junk out. Sometimes we let junk get in our heart, and we should give it all to Jesus before we do communion. Remember that Jesus' blood makes us white as snow. There's even an old song about that.

c. Sincerity and Truth

We should take communion in sincerity and truth.

QUESTION: What does the word sincerity mean to you?

- Honesty
- Truth
- Trust
- Meaning what you do or say
- Being real

Communion is worthless if you don't do it from your heart, and mean it. Jesus wants us to remember what He did for us, and not just have a little snack in church. In fact, the Bible says that taking communion and not caring or thinking about it is bad business.

5. Communion Can Be Dangerous!

QUESTION: What do you think happens when we take communion without caring, or doing it with sin on our hearts? (We bring trouble upon our lives)

READ: 1Corinthians 11:27. *Therefore, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord [Jesus].*

Yikes! If we take communion the wrong way, then we're actually sinning against Jesus Himself! That's not too cool. Jesus died for us so that we could live for him. If we take communion and just don't care about what He did for us, then we are being *really* mean to Jesus.

QUESTION: What are some ways we can be mean to Jesus when we take communion?

- Acting silly
- Not caring
- Not paying attention
- Not thinking about what He did for us at all
- Not asking Jesus to forgive all our sins before communion
- Doing it because it's just what you always do

QUESTION: How can we be nice to during communion?

- Being sincere
- Being caring
- Paying attention
- Being thankful for what He did for us
- Asking for His forgiveness
- Doing it like every time is special

6. Prepare for Communion! | Let's review, and then let's have a great communion with Jesus.

1. What's the first thing we need to do? Ask Jesus to forgive all our sins and get our hearts clean!
2. And then what? Take a second to think about what a great thing it was that Jesus did for us.
3. Take communion in sincerity and truth

FINISH THE OBJECT
LESSON: | Complete the communion portion of the object lesson.
Explain what you are doing as you go, and pray over each element.

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